

THE GREAT TRANSITION (PART 1)

SCHEDULE

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This six-week program is designed to move us from the intellectual understanding of spiritual principles into a lived experience of the **"momentous leap"** in consciousness. Over the next six sessions, we will show [weekly videos](#) followed with discussion to dismantle the illusions of the ego and embrace our true nature.

NOTE: All classes will be held in the Unity of Buffalo Friendship Hall from 10:30 am to noon.

SESSION 1 Sat. Jan. 17, 2026

Prelude: Light Casts Out Darkness I Marianne Williamson



Marianne Williamson

3:22 min. Dec 24, 2025 [#cecot](#) [#60minutes](#) [#politics](#)

Strange juxtaposition, to learn of torture at CECOT prison during Christmas season. If indeed there is a Light that casts out darkness, we need that Light right now.

https://www.youtube.com/watch?v=N2_NWnPLrU4

SESSION 1 Jan. 17, 2026

The New Birth - A Charles Fillmore Article



Receiving Wisdom

16:44 min Apr 23, 2024 [#metaphysics](#) [#newthought](#)

[#metaphysics](#) [#newthought](#) Do not annihilate desire and sensation but transmute them into spiritual ideas. "As Moses lifted up the serpent in the wilderness, even so must the Son of man be lifted up." The son of man is man's consciousness of himself, the personality.

Man has devoted his innate dominion to the service of sense life, and he must, through Christ, raise his consciousness of man to its rightful place—the Son of God. From the Unity Magazine.

* New value based system (Spiral Dynamics philosophy)

https://www.youtube.com/watch?v=TtgL_7wt_IM

SESSION 2 Sat. Jan. 24, 2026


3D → 5D Explained - What's Happening Now I Jim Self on Espavo



Mastering Alchemy

6:21 min. Oct 24, 2025

Watch the full video here:

 • [The Resonance of Being: Navigating the 3D—...](#) In this insightful Back Story, Steve Rother welcomes Jim Self for a conversation that brings clarity and warmth to the language of consciousness. Together, they explore what it means to live awake within the changing energetic structures of 3D, 4D, and 5D. They discuss vibration and electromagnetic fields, how permission and allowing change the way we interact with energy,

and Jim's perspective on the Octave — a resonant state of balance and well-being that bridges dimensions. They also reflect on, **“Project Park Bench” a shared experience that invited people into collective awareness and heart coherence.**


<https://www.youtube.com/watch?v=mWWmG-sL2iw&t=26s>

SESSION 2 (CONT.) Sat. Jan. 24, 2026

The Moment You Press Play, The Old You Begins to Fade (Don't Look Away)

Quantum Transformation

7:28 MIN Oct 25, 2025 [#EnergyAwakening](#) [#ThirdEyeAwakening](#) [#ShadowWork](#)

Step into a world where mystery meets consciousness — a journey through 35 surreal, psychological, and magical visuals that explore transformation, illusion, and the unseen layers of reality.  Each image whispers a story — of the self dissolving, awakening, and remembering its infinite nature. Let the shadows guide you. Let the light reveal you. ✨ This isn't just a video. It's an activation. A mirror for your inner world. Watch until the end — because the one who begins this journey... won't be the same as the one who finishes it.

https://www.youtube.com/watch?v=haVlu_GF4d4

SESSION 3 Sat. Jan. 31, 2026

Hopi Prophecy — 3I/Atlas: The Great Purification Has Begun



Whispers of Uncharted Mysteries

151,129 views Oct 26, 2025 [#HopiProphecy](#) [#3IAtlas](#) [#AlienInvasion](#)
22:08 min.

Hopi Prophecy — 3I/Atlas: The Great Purification Has Begun In October 2025, an interstellar visitor — Comet 3I/Atlas — will pass near the Sun, pulsing blue and red like a heartbeat. NASA calls it data. The Hopi

Prophecy calls it destiny — the Blue Star Messenger, the sign that precedes the Great Purification and the birth of the Fifth World. Is this an alien invasion, or something far deeper — a return of cosmic

consciousness?  In the silence between stars, something is moving.

Astronomers call it 3I/Atlas — the third interstellar object ever found. But to the Hopi elders, it's not a comet. It's Saquasohuh, the Blue Star Kachina, the celestial messenger that appears when the world forgets its balance.

<https://www.youtube.com/watch?v=NvJHnMDLsTU&t=182s>

SESSION 4 Sat. Feb. 7, 2026

2026: The Shift You Can't Ignore

Mastering Alchemy

10,566 views Nov 28, 2025

34:17 min.

In this conversation, Jim Self and Vida discuss the evolving nature of awareness and memory, emphasizing that the changes people experience are not necessarily indicative of mental decline but rather a shift in consciousness. Awareness is increasing, akin to a new dawn. Jim highlights the importance of focusing on the light and awareness that is emerging, rather than dwelling on the shadows of the mind.

<https://www.youtube.com/watch?v=FXkAoNjYnvA&t=193s>

Please note: No class Sat. 14, 2026, Classes resume Feb. 21

SESSION 5 Sat. Feb. 21, 2026

2026: Radical Truth (There Is No Going Back)



41:09 min. Dec. 2025

Silvia Suryodaya: Medium, Healer & Vedic Astrology

- * Epstein files are just the start of truth coming out
- * 3I Atlas – the opening doorway
- * Important connection of water
- * Deep shift in money and value creation
- * New value based system (Spiral Dynamics)

https://www.youtube.com/watch?v=WRKemXQy_iY

SESSION 6 Sat. Feb. 28, 2026

The "Spiritual Elite": The Group Edgar Cayce SAID Will Lead Humanity AFTER The Shift



Edgar Cayce Archives

22:14 min.

31,235 views Premiered Sep 21, 2025 [#EdgarCayce](#) [#ShadowWork](#)
[#NewEarth](#)

As the structures of our world crumble, a power vacuum is forming. Who will lead humanity into the New Earth? According to the intelligence from Edgar Cayce's Akashic readings, it won't be the politicians or billionaires. It will be a new kind of leader: The "Spiritual Elite." But their qualification is not what you think. This is not about privilege; it is about alchemy. This feature-length documentary declassifies the shocking and empowering truth that the leaders of our future are not the most pure, but the most *healed*. They are the souls who chose the hardest lives, faced the deepest wounds, and learned to transmute that darkness into a crown of

light. This is not just a prophecy. It is an activation for anyone who has ever felt that their greatest struggles were preparing them for something more.

► ***THE ALCHEMIST'S DOSSIER - Forging a New Leader:***

- The Power Vacuum: A World Without Leaders
- The Great Deception: Who The Spiritual Elite Are NOT
- The Initiation: Your Greatest Wound is Your Sacred Contract
- The 4 Pillars of Mastery: Forged in the Fires of Trauma
- The Sacred Mission: To Heal, Teach, and Stabilize
- The Activation: The Litmus Test - Are You Being Called?

This is the story of how your greatest pain becomes your most sacred purpose.

https://www.youtube.com/watch?v=_UhqZXCyHVE
