



## UNITY PRAYER CHAPLAIN Q&A INFORMATION

*Updated January 2026*

### **What Does a Unity of Buffalo Prayer Chaplain do?**

- Pray
- Create and hold sacred space
- Listen with compassion and hold what is said in strictest confidence
- Support the spiritual journey for self as well as for others
- Practice self-care

*Please see the Prayer Chaplain Position Description for more details*

### **How can I become a Unity of Buffalo Prayer Chaplain?**

#### **1. Qualifications:**

- a. Be an official Member of Unity of Buffalo (requires annual recommitting)
- b. Regularly attend Sunday Services for at least 1 year
- c. Complete a course in basic Unity Principles. Example courses include “Lessons in Truth” and “Discover the Power Within You”
- d. Complete the 6-week course “The Art of Quantum Living” which includes a 21-day practice.

#### **2. Attend 2026 Annual Training (Required for new and recommitting Prayer Chaplains)**

- Monday, March 2, 2026 from 3:30 – 5:00pm - on zoom (Topic TBD)
- Saturday, March 14, 2026 from 8:30 am-3:30 pm – in person at church
- Monday, April 6, 2026 from 3:30 – 5:00pm - on zoom (Topic TBD)
- Saturday, April 18 2024 from 8:30am-3:30 pm – in person at church

#### **3. Additional Requirements for prospective new Prayer Chaplains:**

- a. Attend Prayer Chaplain Q & A– Sunday 1/18/26
- b. Be able to make the 1-year commitment to the Prayer Chaplain Program which begins in June and ends May 31st.
- c. Read “COME APART AWHILE” by Robert and Janet Ellsworth. For each chapter, write a response to this question: What in this chapter is most relevant to your spiritual growth and development,

and how will you implement this in your life? Your written responses are due by the last weekend in May, before the dedication service.

- d. After the annual training, meet with our Spiritual Leader and Prayer Chaplain Program Director, in order to determine if this is the right time for you to become a Prayer Chaplain.

**Dedication ceremony:** usually held the 1st or 2<sup>nd</sup> Sunday in June during church service. New and returning Prayer Chaplains are dedicated annually for their 1-year commitment ending May 31<sup>st</sup>.

**AND FINALLY...** We'd like to highlight that the path to becoming a prayer chaplain is one that requires thoughtful consideration. Not everyone who completes the Prayer Chaplain training will automatically step into the role of a Unity of Buffalo Prayer Chaplain. Prospective Prayer Chaplains will have the opportunity to meet with our Spiritual Leader and the Prayer Chaplain Program Director, for a personal interview after the annual training. This interview serves as a discernment process to determine if this is the right time for the applicant to embrace the role of a Prayer Chaplain.