



UNITY PRAYER CHAPLAIN Q&A INFORMATION

Updated February 2023

What Does a Unity Prayer Chaplain do?

- Pray
- Create and hold sacred space
- Listen with compassion and hold what is said in strictest confidence
- Support the spiritual journey for self as well as for others
- Practice self-care

How can I become one?

1. Prerequisites:

- a. Official Member of Unity of Buffalo
- b. Regular attendance at Sunday Services for at least 1 year
- c. Complete a class on basic Unity Principles such as “Lessons in Truth” or “Discover the Power Within You” (Offered at various times and online)
- d. Complete the course “The Art of Quantum Living” (formerly known as *The Art & Practice of Living with Nothing & No One Against You*) which includes a 21day practice.

2. Attend Annual Training (Required for new and returning Prayer Chaplains)

- a. Prayer Chaplain Training Weekends – 8:30am – 5pm Saturdays 4/1/23 and 4/22/23.

3. Additional Requirements:

- a. Attend Prayer Chaplain Q & A– Sunday 2/19/23
- b. Be able to commit to the Prayer Chaplain Program for the 12-month period beginning in June and ending May 31st.
- c. ASSIGNED READING: “COME APART AWHILE” by Robert and Janet Ellsworth. Those who are interested in becoming Prayer Chaplains may request from the church office to receive a copy of the book. If you become a Prayer Chaplain, there is no charge for the book. If you do not become a Prayer Chaplain, we ask you to cover the cost of \$15 for the book. You are also asked to write a paper on each chapter on the question: What in this chapter is most relevant to your spiritual growth and development, and how will you implement this in your life? Papers are due by last weekend in May (BEFORE DEDICATION SERVICE). Papers are required for new prayer chaplains only.

- d. After the annual training, meet with Rev. Mary Masters and Prayer Chaplain Program Director, Mary Beth Wollenschlaeger in order to determine if this is the right time for you to become a Prayer Chaplain.

Dedication ceremony: 1st Sunday in June during church service

AND FINALLY... We want to emphasize this is a discernment process. Not everyone who takes the Prayer Chaplain training will automatically become a Unity of Buffalo Prayer Chaplain. Prospective Prayer Chaplains will meet with Rev. Mary and Prayer Chaplain Program Director, Mary Beth Wollenschlaeger after the annual training for a personal interview to discern if this is the right time for the applicant to become a Prayer Chaplain.